

RISE & RADIATE

LEADERSHIP DEVELOPMENT FOR WOMEN OF COLOUR

WHY RISE & RADIATE?
EMPOWERING WOMEN OF COLOUR TO
SEEN, HEARD, VALUED AND RESPECTED

Rise & Radiate is a transformative 12-month leadership journey designed exclusively for women of colour. Our mission is to empower you to find, use, and amplify your voice—breaking the silence, sharing your story, and leading with authenticity in every room you enter



WHY THIS PROGRAM?

Women of colour face unique and intersecting challenges—often **feeling silenced, invisible, or undervalued in both professional and personal spaces**. Have you ever:

- Walked into a room as the only woman of colour and felt isolated or unsupported?
- Experienced discrimination, microaggressions, or been labeled a “diversity hire”?
- Felt limited access to promotions, leadership roles, or professional development?
- Been excluded from decision-making or social events?
- Struggled with chronic stress, burnout, or the stigma of seeking help?

You are not alone. These experiences are real, interconnected, and create significant hurdles. Over 68% of women of colour in Australia report workplace discrimination, with 93.8% identifying racism as a key factor. More than half experience high psychological impacts, and 85% feel excluded from decision-making¹

1. <https://womenofcolour.org.au/workplace-report-2024/>

OUR VISION

We imagine a world where women of colour are each other’s biggest allies, have access to tailored leadership programs, and see role models who look like them—right here, not just on TV. Rise & Radiate is about building that world, one empowered woman at a time

THE VOICE FRAMEWORK™

From Silenced to Seen, Heard, Valued & Respected

Rise & Radiate is built on the proven VOICE Framework, guiding you through five powerful pillars:

V: VISIBILITY & VALUES

Clarify identity, break invisibility, build authentic presence

O: OWNERSHIP & AUTHENTICITY

Own your worth, rewrite your narrative, build confidence

I: INFLUENCE & IMPACT

Develop assertive communication, express your needs, lead with influence

C: COMMUNITY & COURAGE

Build supportive networks, navigate challenges, foster resilience

E: EMPOWERMENT & EXCELLENCE

Sustain growth, practice advocacy, create lasting impact

Each stage is a step up the mountain—together, we climb, support, and lift each other higher



WHAT'S INCLUDED?

- **Four Full-Day Workshops:** Deep-dive sessions on leadership, communication, and personal branding.
- **Eight Executive Coaching:** 90-minute personalized sessions for guidance, accountability, and real-world application.
- **Professional Photoshoot:** Elevate your personal brand with expert photos and LinkedIn branding advice.
- **Comprehensive Workbook:** Tailored resources and exercises to support your growth.
- **Connected Community:** Closed peer group for ongoing support, resource sharing, and networking.
- **Women of Colour Conference & Certification:** Present your growth, celebrate achievements, and plan your next steps.
- **Exclusive Events:** Invitations to private gatherings and bonus resources.



READY TO RISE?

Join a community of women of colour journeying from silence to being seen, heard, valued, and respected. Secure your spot, transform your leadership, and help change the narrative for generations to come.

"I invite you—let's climb this mountain together. I have walked this path, know the hidden terrains, and will guide you to the peak. If you're ready to find your voice and lead with impact, Rise & Radiate is for you."

Premila Jina



**SIGN UP TODAY
AND INVEST IN YOUR
FUTURE. ONLY 12
PLACES AVAILABLE!**

[SIGN UP](#)

Rise & Radiate: Because your story deserves to be heard, and your leadership deserves to shine.



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#RiseAndRadiate #WomenOfColour #Empowerment